

Family Strengthening

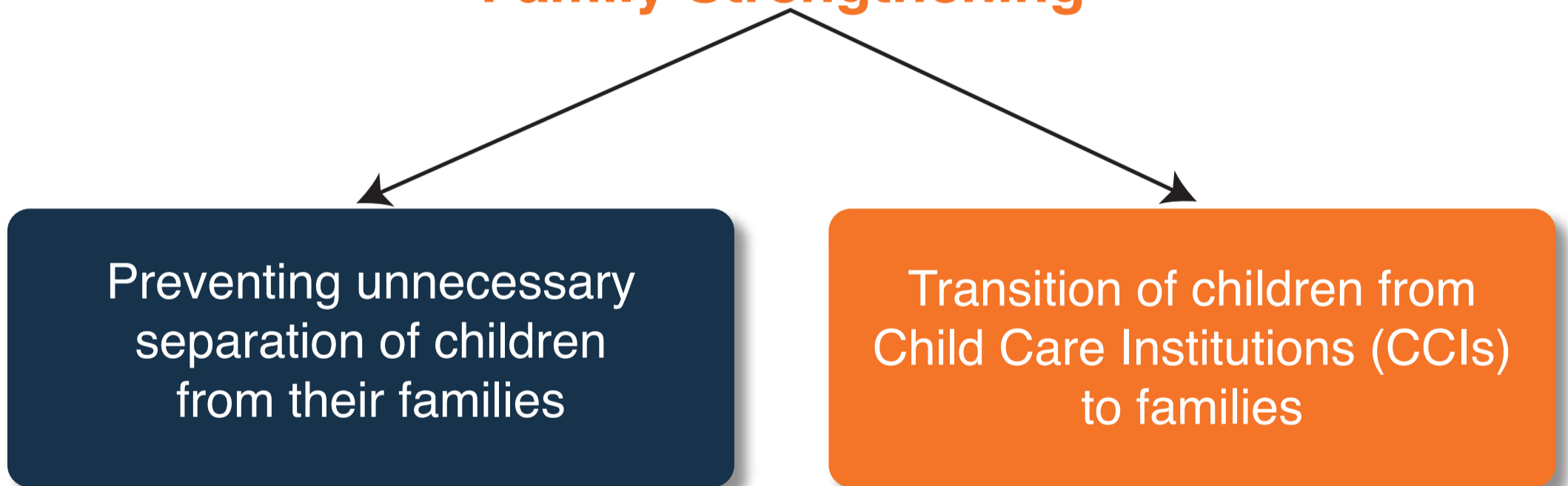
What : Concept

Family strengthening is a process to enhance the capacity of parents, caregivers, and children to build positive relationships within families and to enable access to social protection services.

It assists families in fostering protective factors that contribute to child well-being like:

- Parent-child relationship,
- Social connections,
- Awareness of parenting support in times of need,
- Emotional competence of children
- Facilitating access to income generation initiatives and other social protection services.

Family Strengthening



Why : Family strengthening is essential for

- Supporting vulnerable families in child care roles;
- Supporting families caring for children with inadequate parental care and vulnerable children in alternative care arrangements (kinship care, foster care);
- Reintegrating children from institutional care into the care by their parents or family-based care.

Family Strengthening

How : Components of Family Strengthening

- Care and support services aligned with the public child protection system appropriate to child and family.
- More public expenditure allocation and investment of funds like CSR, JJ funds for Child Protection and FS and F-BAC.
- Regular mapping and assessment of at-risk families to identify their vulnerabilities.
- Building capacities of families and communities to care for children and prevent unnecessary separation and ensure sustainability.
- Activating and involving community-based child protection mechanisms such as community groups, Child Welfare and Protection Committees, PRIs, and other community stakeholders.
- Convergence of community mechanisms for gatekeeping, referrals, and linkages with services (Government, NGOs and community resources).

Approach

*A structured process on case conceptualization is followed to assess, intervene, and progress tracking on five well-being domains ensuring a holistic approach to well-being domains.

ACTIVE Family Support¹



*Ref: Hope and Homes for Children